PLANT FACT SHEET

Lupinus perennis L.

GENUS *Lupinus* **FAMILY** Fabaceae

COMMON NAMES Sundial lupine, Bluebonnets, Blue lupine, Wild Lupine

EDIBLE PARTS AND USES

Edible parts: Seeds

CAUTION: The mature seeds are poisonous. They need special preparation.
The seeds are eaten after roasting or boiling.

DESCRIPTION

A small plant. It grows 30-60 cm high and spreads 30 cm wide. It keeps growing from year to year. The roots are woody and slender and spread sideways. The leaves are compound and divided into small leaflets. The flowers are blue-purple. The fruit are hairy seed pods. These propel the seeds about 1 m away. The mature seeds are poisonous.

HABITAT

It is a temperate plant. It grows in sandy and dry acid soils. It grows in open woodlands. It suits hardiness zones 4-9.

PRODUCTION

Cultivation

Plants can be grown from seeds.

Harvesting and Seed Production

Seeds are harvested as soon as they are fully ripe. They are dried and stored

NOTES

There are about 200 Lupinus species.

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