PLANT FACT SHEET

Dioscorea tokoro Makino ex Miyabe

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

COMMON NAMES Shan bei xie

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

DESCRIPTION

A yam with a rhizome which lies horizontal and is much branched. Stems twine to the left. The leaves are alternate and simple. The leaf stalks are 5-12 cm long. The leaves are triangle or heart shaped and 5-14 cm long by 5-11 cm wide.

HABITAT

It is a temperate plant. It grows in mixed forest from sea level to 1000 m altitude in China. In Sichuan.

NOTES

There are about 650 species of Dioscorea.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1a4d4700-d9fd-4b6f-9551-ec7d5d885f51