PLANT FACT SHEET

Alstroemeria spectabilis Schenk.

GENUS *Alstroemeria* **FAMILY** Alstroemeriaceae

EDIBLE PARTS AND USES

Edible parts: Root, Bulb

The root is cooked and eaten.

DESCRIPTION

A lily bulb plant. It grows 30-40 cm tall. The flowers are large.

HABITAT

A tropical plant.

PRODUCTION

Cultivation

Plant roots 15-20 cm deep when dormant. Plants can be grown from seed. Stored seed need to be treated by soaking in warm water for 12 hours before planting. Plants do not transplant easily.

NOTES

There are about 50-80 Alstroemeria species. They occur in South America especially in cool mountain regions.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1ac503af-e954-4700-9604-e270a3e9f95d