PLANT FACT SHEET

# *Ceropegia circinata* (E. Mey.) Bruyns

**GENUS** *Ceropegia* **FAMILY** Apocynaceae

**COMMON NAMES** Bird-cage brachystelma

## EDIBLE PARTS AND USES

**Edible parts:** Tuber, Root

The tubers are eaten raw or roasted in hot ash.

## DESCRIPTION

A herb. It has underground stems or rhizomes. It is succulent and keeps growing from year to year. It has a single stem 7-30 cm high from a tuber 10 cm across. The leaves are narrow to oval. They are 5-15 mm long. They can be flat or folded upwards. The flowers occur as 2 or a few at the nodes. They are white to red. The tubers are 10 cm across.

## HABITAT

It is a subtropical plant that grows in hot arid places. It grows in areas with a marked dry season. In southern Africa it grows between 500-1,600 m above sea level. It can grow in arid places.

## REFERENCES


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**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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