PLANT FACT SHEET

Prunus fruticosa Pall.

GENUS *Prunus* **FAMILY** Rosaceae

COMMON NAMES European dwarf cherry, European ground cherry

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The fruit are eaten raw or dried. They can be used for jams, jellies and pies.

DESCRIPTION

A shrub. It grows 1.2 m high and spreads 2.4 m wide. It loses its leaves during the year. The leaves are glossy and green. They are 5 cm long. The flowers are white and have frilly edges. There are 3-4 flowers in a group. The fruit are dark red and cherry like. They are edible.

HABITAT

It is a temperate plant. It suits hardiness zones 4-9. Trees can withstand temperatures of -52°C.

NOTES

There are about 200 Prunus species. It is a tetraploid.

REFERENCES

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 1094 (As Prunus fruticosa)

Ciocarlan, N. & Ghendov, V., 2015, Ethnobotanical and Ecological Studies of Wild Edible Plants from Bugeac Steppe, Republic of Moldova. Journal of EcoAgriTourism. Cailta terra Vol. 11(2):

Dzhangaliev, A. D., et al, 2003, The Wild Fruit and Nut Plants of Kazakhstan, Horticultural Reviews, Vol. 29. pp 305-371 (As Prunus fruticosa)

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 203 (As Prunus fruticosa)

Fl. ross. 1:19, t. 8, fig. B. 1784 (As Prunus fruticosa)

John, L., & Stevenson, V., 1979, The Complete Book of Fruit. Angus & Robertson p 104 (As Prunus fruticosa)

Kremer, B.P., 1995, Shrubs in the Wild and in Gardens. Barrons. p 149 (As Prunus fruticosa)

Nedelcheva A., 2013, An ethnobotanical study of wild edible plants in Bulgaria. EurAsian Journal of BioSciences 7, 77-94

Plants for a Future, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Prunus fruticosa)

Tanaka, (As Prunus fruticosa)

USDA, ARS, National Genetic Resources Program. Germplasm Resources Information Network - (GRIN). [Online Database] National Germplasm Resources Laboratory, Beltsville, Maryland. Available: www.ars-grin.gov/cgi-bin/npgs/html/econ.pl (10 April 2000) (As Prunus fruticosa)

van Wyk, B., 2005, Food Plants of the World. An illustrated guide. Timber press. p 307 (As Prunus fruticosa)

Watkins, R., 1979, Cherry, plum, peach, apricot and almond, in Simmonds, N.W., (ed), Crop Plant Evolution. Longmans. London. p 242 (As Prunus fruticosa)

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 561

Zocchi, D. M., et al, 2024, Local Wild Food Plants and Food Products in a Multi-Cultural Region: An Exploratory Study among Diverse Ethnic Groups in Bessarabia, Southern Moldova. Sustainability 16, 1968.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1b0b6a85-bd60-45d5-8d4d-163c2c76fd43