PLANT FACT SHEET

Gouania tiliifolia Lam.

GENUS *Gouania* **FAMILY** Malvaceae

COMMON NAMES Litiran

EDIBLE PARTS AND USES

Edible parts: Leaves, Medicine

Young leaves are eaten.

DESCRIPTION

A shrub or creeper. It can grow several metres long. The small branches are hairy. The leaves are broadly oval and 4-8 cm long by 2-3 cm wide. The leaves are pale green and heart shaped. The flowers are yellowish white.

HABITAT

It is a tropical plant. It grows in humid places. It grows between 500-1,000 m above sea level in Madagascar. It suits the wet tropics.

NOTES

Gouania tiliifolia Roxb. is a synonym of Gouania leptostachya DC.
The leaves are used as medicine.

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 247

Savita, et al, 2006, Studies on wild edible plants of ethnic people in east Sikkim. Asian J. of Bio Sci. (2006) Vol. 1 No. 2 : 117-125

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