PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Pycreus nitidus (Lam.) J. Raynal

GENUS *Pycreus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Ash - salt

The plants have been burnt then the ash washed through water to produce salt.

DESCRIPTION

A sedge.

HABITAT

It grows in swamps and near the edges of swamps.

REFERENCES

Simpson, D. A. & Inglis, C. A., 2001, Cyperaceae of Economic, Ethnobotanical and Horticultural Importance: A checklist. Kew Bulletin Vol. 56, No. 2 (2001), p. 330

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1ba5056a-b2d1-43f4-bc19-9e5b42c6d008