PLANT FACT SHEET

Ficus pandurata Hance

GENUS *Ficus* **FAMILY** Moraceae

EDIBLE PARTS AND USES

Edible parts: Stems - tea, Fruit, Seeds

The ripe fruit are eaten raw.
The seeds are roasted and eaten.

DESCRIPTION

A shrub. It grows 1-2 m tall. The small branches are reddish-brown. They are hairy while young. The leaves are 4 -16 cm long. The fruit are in the axils of the leaves. They occur in pairs and are red when fresh. They are 4-10 mm aide.

HABITAT

It is a subtropical plant.

REFERENCES

Li, D. et al, 2017, Ethnobotanical survey of herbal tea plants from the traditional markets in Chaoshan, China. Journal of Ethnopharmacology. 205 (2017) 195-206

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56

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