PLANT FACT SHEET

Potentilla monanthes Wall. ex Lehmann

GENUS *Potentilla* **FAMILY** Rosaceae

COMMON NAMES Salyangsai, Saplang

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are edible.

DESCRIPTION

A herb. The leaves have stalks. The leaves have 3 leaflets and these have short stalks. They are 0.5-2 cm long by 0.3-1.5 cm wide. They are spoon shaped with shallow rounded teeth. They narrow towards the base. The flowers are yellow.

HABITAT

A subtropical plant. In Nepal they grow between 3000-4500 m altitude. They grow amongst tufts of grass in open places.

PRODUCTION

Cultivation

Plants can be grown from seed or root offshoots.

REFERENCES

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 379

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1c741443-3d34-46dc-bd99-c7373da08f9d