PLANT FACT SHEET

Suaeda monoica Forssk. ex J. F. Gmelin

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Koyyalakura

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and used as a vegetable.

DESCRIPTION

A shrub or small tree. It grows 3 m high. The stems at the base can be 15 cm across. It develops annual fruiting branches. The leaves are succulent and narrow and 10-20 cm long by 2-3 cm wide. The flowers are in spikes at the ends of side branches.

HABITAT

It can grow in salty clay and along river beds and near the base of cliffs. It can grow in mangrove swamps.

NOTES

Also put in the family Chenopodiaceae.
It has a C4 pathway.

REFERENCES

Bhaskarachary, K., et al, 1995, Carotene content of some common and less familiar foods of plant origin. Food Chemistry 54: 189-193
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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1cb77ac7-cf34-425a-84ec-5c3e2d7462cc