PLANT FACT SHEET

Cardamine yezoensis Max.

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Ainu wasabi, Risseri

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The tender leaves and rhizomes are eaten in spring.

DESCRIPTION

A cabbage family herb. It keep growing from year to year. It has stolons or runners. The leaves have 5-7 leaflets. They have short teeth. There are many flowers in a group.

HABITAT

It is a temperate plant.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 82

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/ (Also as Cardamine amaraeiformis and Cardamine fauriei)

www.theplantlist.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1cc0776c-02c5-4e15-bc98-efe8d33c94be