PLANT FACT SHEET

Gladiolus saundersii Hook.f.

GENUS *Gladiolus* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten as a snack or cooked as a vegetable.

DESCRIPTION

A corm or bulb plant. It grows 40-60 cm tall. The flowers are bright red.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 67

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1cc2a5fb-0cfd-47b2-b605-381c3c7f058a