PLANT FACT SHEET

Cirsium rosulatum Talavera & Valdes

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Rosy thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It is a thistle. It grows for 2 years. It grows 1.5 m tall. Seedlings are slender and have a single stem with light green leaves. The flowers are small and yellow.

HABITAT

It is a temperate to Mediterranean climate plant.

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 12

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1cd58159-9434-485d-89e7-58278c3f89a3