PLANT FACT SHEET

Dimetia capitellata (Wall. ex G. Don) Neupane & N. Wikstr.

GENUS *Dimetia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The cooked leaves are eaten with rice.

DESCRIPTION

A sprawling herb or small shrub. It can be climbing. It grows 1 m tall. The stems are slightly 4 angled. The leaves are narrowly sword shaped. They are 2-12 cm long by 1-4 cm wide. They can have teeth on the edge. The flowers are in 3-15 round heads near the ends of the branches.

HABITAT

A tropical plant. In China it grows in broad-leaved forests and sunny mountain slopes at about 1,500 m above sea level. In Yunnan.

NOTES

There are about 450 Hedyotis species. It is used in medicine.

REFERENCES

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