PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Cunila microcephala Benth.

GENUS *Cunila* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - oil

DESCRIPTION

A herb. It keeps growing from year to year.

HABITAT

It is a subtropical plant.

REFERENCES

Sandri, I. G. et al, 2007, Antimicrobial activity of the essential oils of Brazilian species of the genus Cunila against foodborne pathogens and spoiling bacteria. Food Chemistry 103: 823-828

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1ce1864a-37c8-44fc-a949-852aefd5edb6