PLANT FACT SHEET

Chenopodium leptophyllum (Moq.) Nutt. ex S. Watson

GENUS *Chenopodium* **FAMILY** Amaranthaceae

COMMON NAMES Narrow leafed goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used as a potherb or salad green.
The seeds are ground into a meal.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 100-150-250 Chenopodium species. They are mostly in temperate regions.
Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1d877305-a4ae-44a3-a1b0-a72d76446bb4