PLANT FACT SHEET

Gymnogongrus disciplinalis (Bory de Saint-Vincent) J. Agardh

GENUS *Gymnogongrus* **FAMILY** Phyllophoraceae

COMMON NAMES Limu vavaloli

EDIBLE PARTS AND USES

Edible parts: Algae, Frond, Seaweed

DESCRIPTION

A seaweed.

HABITAT

A tropical plant.

REFERENCES

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 237

Subba Rao, G.N., 1965, Uses of seaweed directly as human food. Indo-Pacific Fisheries Council Regional Studies 2:1-32

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1d9e7cf0-ec69-4dc4-96d5-be5c80255a7c