PLANT FACT SHEET

Cibotium glaucum (J. E. Smith) W. J. Hooker & Arnott

GENUS *Cibotium* **FAMILY** Dicksoniaceae

COMMON NAMES Hapu'u, Hawaiian tree fern

EDIBLE PARTS AND USES

Edible parts: Trunk - starch

Starch is extracted from the stump.

DESCRIPTION

A tree fern. It can be erect or sometime lie over. The trunk is 3 m long and 16 cm across. There are often shoots along the trunk, especially when the trunk lies over. The fronds can be divided 2 or 3 times. They are white on the underside. They are 1-3 m long. There are reddish brown hairs at the base of the stalk.

HABITAT

It is a tropical plant. It is probably damaged by frost. It suits hardiness zones 9-11.

PRODUCTION

Cultivation

It can be grown from spores or basal shoots. Trunk cuttings root easily.

Harvesting and Seed Production

It is slow growing.

NOTES

There are 10-15 Cibotium species. They occur in the Pacific.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1dcb74fd-d3d9-4945-bef6-dc059ace8582