PLANT FACT SHEET

Ceropegia nilotica Kotschy

GENUS *Ceropegia* **FAMILY** Apocynaceae

COMMON NAMES Nile ceropegia, White-banded ceropegia

EDIBLE PARTS AND USES

Edible parts: Root, Tubers

The fleshy root is eaten raw. It is crisp and juicy. They are also cooked.

DESCRIPTION

A succulent herb. It is a climber or scrambler. It has underground stems or rhizomes. It grows 1-5 m high. The leaves are 3-8 cm long by 2-6 cm wide. They are slightly fleshy and have teeth along the edge. The flowers are 4-5 cm long. The tube is joined at the tip. The roots are fleshy and in clusters.

HABITAT

It is a subtropical plant. In southern Africa it grows between 50-1,800 m above sea level. It can grow in arid places.

NOTES

Also put in the family Asclepiadaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1dd85513-8130-4373-aee9-c26efbfdc37b