PLANT FACT SHEET

Pachyphragma macrophyllum (Hoffm.) N. Busch

GENUS *Pachyphragma* **FAMILY** Brassicaceae

COMMON NAMES Caucasian pennycress

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A cabbage family herb. It is a perennial plant. It grows to 0.3 m high. It spreads to 1 m across. It is a ground cover plant. It forms rhizomes. The leaves are large and round and green. They are 3-10 cm across. They have long stalks and are at the base of the plant. The flowers are white and in open spikes. The flowers are 18 mm across. They have 4 petals. The flattened fruit are held above the leaves. They are heart shaped.

HABITAT

It is a temperate plant. It grows in wet beech forests to elevations of 1900 metres in Turkey. It will grow in shady places. It is very shade tolerant. It can stand light frosts. It will grow beneath trees and in shady places. It does best in moderately moist leafy soil. It suits hardiness zones 7-9.

PRODUCTION

Cultivation

It can be grown from seed then transplanted. It can also be grown by dividing the plants in spring. Cuttings can be taken from basal shoots which have roots attached.

NOTES

There is only one Pachyphragma species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1dd8c7b2-c24a-46e5-bbeb-ecc05e961153