PLANT FACT SHEET

Ceroxylon echinulatum Galeano

GENUS *Ceroxylon* **FAMILY** Arecaceae

COMMON NAMES Palma, Pumbo

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit stalk

The seeds are roasted or cooked before eating.
The base of the fruit stalk is boiled and used in salads.

DESCRIPTION

A solitary palm. It grows 12-20 m tall. The trunk is 25-30 cm across. The trunk is greenish to white and has a thin layer of wax. There are 8-17 leaves and they form an almost round crown. There are 91-102 leaflets on each side of the leaf. They are regularly spaced and hang down. The lower surface has a thin yellow covering. The fruit are round and red. The fruit are 2 cm across. The fruit are covered with short blunt spines. The seeds are edible.

HABITAT

A tropical plant. It grows in humid forests. It grows about 1300 m altitude in Ecuador.

NOTES

There are about 20 Ceroxylon species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1df6b44e-5857-41bd-9083-707cd81c138a