PLANT FACT SHEET

Schisandra grandiflora (Wall.) Hook. f. & Thomson

GENUS *Schisandra* **FAMILY** Schisandraceae

COMMON NAMES Himalayan beauty

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten. They can be eaten raw or cooked.

DESCRIPTION

A trailing herb or climber. It can climb 6 m high. The leaves have stalks. They are alternate or clustered. The are oval or wider near the base. They are pointed. They have small teeth near the end. It loses its leaves during the year. Plants are separately male and female. The flowers have stalks. They are white and droop. The flowers have a scent. The fruit is round and red. It does not have a stalk. It is fleshy and with 2 seeds.

HABITAT

It is a temperate plant. In Nepal they grow between 1700-3300 m altitude. They grow in mixed forests. They need a well drained soil and partial shade.

PRODUCTION

Cultivation

Plants are grown by seed or cuttings. Both male and female plants are needed for seed production.

Harvesting and Seed Production

In Sikkim fruit are available June to October.

NOTES

There are about 25 Schisandra species.

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