PLANT FACT SHEET

Astilbe rivularis Buch.-Ham. ex D. Don

GENUS *Astilbe* **FAMILY** Saxifragaceae

COMMON NAMES Pdhah

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The leaves are eaten raw.

DESCRIPTION

A herb. It grows 1-1.5 m tall. It forms a large clump of leaves. The leaves are deeply divided. The leaves have an uneven number of leaflets with a leaflet at the end. There are 3-5 leaflets and they are 3-8 cm long. The flowering stalks are 2 m long and curve over. The flowers are small and greenish-white. The seed heads are brown.

HABITAT

It is a subtropical plant. In Pakistan it grows between 1,300-2,300 m altitude. In Yunnan.

NOTES

There are about 12 Astilbe species. They are temperate plants.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1e9517c7-26f4-4d82-9d67-1932191ed3d9