PLANT FACT SHEET

Globularia alypum L.

GENUS *Globularia* **FAMILY** Plantaginaceae

COMMON NAMES Alypo globe daisy, Shrubby globularia

EDIBLE PARTS AND USES

Edible parts: Leaves, Medicine

DESCRIPTION

A shrub. It grows 30-60 cm tall. It spreads 30-45 cm wide. The flowers are purple.

HABITAT

It is a Mediterranean plant.

NOTES

Also put in the family Globulariaceae.
As a medicine it reduces inflammation.

REFERENCES

Kantouche, L., et al, 2018, Nutritional Composition, Analysis of Secondary Metabolites and Antioxidative Effects of the Leaves of Globularia alypum L.. Indian Journal of Pharmaceutical Sciences

Licata, M., et al, 2016, A survey of wild plant species for food use in Sicily (Italy) – results of a 3-year study in four Regional Parks. Journal of Ethnobiology and Ethnomedicine 12:12

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1ebdffed-7fd7-4eeb-b4d5-26a9e03c91cf