PLANT FACT SHEET

Spergularia media (L.) C. Presl

GENUS *Spergularia* **FAMILY** Caryophyllaceae

COMMON NAMES Coastal chickweed, Coastal sand-spurrey, Greater sea-spurrey

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb which can complete its life cycle in 2 years or grow for several years. It grows 10-30 cm high. It has a stout root. The stem is erect and branching. The leaves are opposite and 1-5 cm long. They are 2 mm wide. They are fleshy. There is a membrane like stipule near the base of each pair of leaves. The flowers are white and pink or violet and on stalks about 5-20 mm long. The seeds have wings or flanges.

HABITAT

It grows in warm temperate places. It grows in dry sandy areas. It can grow on salt marshes and seashores. In NW China it grows on salty soils at about 1,200 m above sea level. Tasmania Herbarium.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1ef2fcce-12a7-46ce-b329-bdd691a3a443