PLANT FACT SHEET

Eryngium giganteum M. Bieb.

GENUS *Eryngium* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are eaten after peeling.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, A., et al, 2014, A review of edible plants on the Turkish Apiaceae species. J. Fac. Pharm. Istanbul, 44(2) pp 251-262

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f34d656-d9f8-4027-b1ef-1d5586f085cb