PLANT FACT SHEET

Ficus superba var. japonica (Miq.) Miq., Miq

GENUS *Ficus* **FAMILY** Moraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A fig. It is a large tree. It loses its leaves during the year. It has some aerial roots. The bark is dark brown and smooth. The small branches are reddish. The leaves are in clusters. They are papery and narrowly oval. They are 10-17 cm long by 4-6 cm wide. The leaf stalks are slender and 3-7 cm long. The fruit receptacles are reddish and have white dots. They can occur singly, in pairs or in groups and can be in the axils of leaves or on large branches. They are 1-1.5 cm across.

HABITAT

It is a tropical plant. It grows at low elevations in Taiwan. In Yunnan.

REFERENCES

Flora of Taiwan Vol. 2:180

Kuo, W. H. J., (Ed.) Taiwan's Ethnobotanical Database (1900-2000), http://tk.agron.ntu.edu.tw/ethnobot/DB1.htm

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f5b0325-5dd3-406a-9880-43ace2bb2c5a