PLANT FACT SHEET

Eriocapitella hupehensis (Hort. Lemoine) Christenh. & Byng

GENUS *Eriocapitella* **FAMILY** Ranunculaceae

COMMON NAMES Anemone greens

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are used for treating heart disease in China.

DESCRIPTION

A fibrous rooted herb. It grows 50-90 cm high and spreads 40-100 cm wide. The leaves have 3 parts. They are lightly downy and have coarse teeth. The flower stem are upright and branching. They have large flowers. These are white but can be pink. The seed heads are fluffy.

HABITAT

A temperate plant. It can grow in shade. It needs moist well-drained soils. It suits hardiness zones 6-9. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

There are about 120 Anemone species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f5efeb1-edbf-45b3-b0f5-2553e4d93d2f