PLANT FACT SHEET

Cleome iberidella Welw. ex Oliv.

GENUS *Cleome* **FAMILY** Cleomaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are occasionally cooked as a vegetable.

DESCRIPTION

This may be a variant of Cleome rutidosperma. It is a herb 50 cm tall. It has a few branches. The leaves have 3-5 leaflets. The leaflets are narrowly sword shaped and 1-4 cm long and 3-8 mm wide. The flowers are pink.

HABITAT

It is a tropical plant. It grows at higher altitudes between 1,000-1,600 m altitude. It grows in sandy soil near water.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 196

Jansen, P.C.M., 2004. Cleome rutidosperma DC. [Internet] Record from Protabase. Grubben, G.J.H. & Denton, O.A. (Editors). PROTA (Plant Resources of Tropical Africa), Wageningen, Netherlands. < http://database.prota.org/search.htm>. Accessed 14 October 2009.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f7ab67d-e580-4cb7-8aa1-5c9e8adc432e