PLANT FACT SHEET

Ophrys sphegodes Mill.

GENUS *Ophrys* **FAMILY** Orchidaceae

COMMON NAMES Early spider orchid

EDIBLE PARTS AND USES

Edible parts: Root, Bulb

The starch of the bulb is used for porridge or bread.

DESCRIPTION

A ground orchid. It can be up to 45 cm tall. The leaves at the base are oval or sword shaped and blunt. The leaves on the stem are more narrow and sheath the stem. They are pointed. The flower spike has 2-10 flowers. The flower resembles a spider. The petals are green. The lip is 10-12 mm long.

HABITAT

It grows in temperate and Mediterranean climate places. It grows in grassy and rocky places.

NOTES

There are about 140 Ophrys species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f7aed41-5c3e-4ae2-9d5d-968b8dd38b2a