PLANT FACT SHEET

Artocarpus nobilis Thwaites

GENUS *Artocarpus* **FAMILY** Moraceae

COMMON NAMES Wild breadfruit

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit

The tender portions of the fruit and the seeds are boiled and eaten. The seeds can be roasted and eaten as a snack.
Seeds can be dried and stored.

DESCRIPTION

A large tree. The crown is large. The branches are spreading. The leaves are alternate and large. They are 25-45 cm long by 17-30 cm wide. They are broadly oval and taper at the base. They are dark green above and pale underneath. Male and female flowers are separate on the same plant. Male flowers are in spikes and female flowers are near the ends of branches. The fruit are club like and they have many seeds. The seeds are round and 1.3 cm across. They are pale brown.

HABITAT

A tropical plant. It grows in Sri Lanka in the lowlands especially in drier areas and up to 800 m above sea level.

NOTES

There are about 50 Artocarpus species. They are in the tropics and subtropics of Asia and the Pacific.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f7bbf5f-0a63-4da2-b229-73e145cb9872