PLANT FACT SHEET

Polygala persicariifolia DC.

GENUS *Polygala* **FAMILY** Polygalaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

In Nepal the leaves are used for making fermenting cake from which liquor is distilled.

DESCRIPTION

A hairy annual herb. It grows about 45 cm high. The leaves have short stalks. They are oblong. The flowers are yellow. They are in open flower clusters in the axils of leaves and at the ends of branches. The fruit is a capsule. It is oblong.

HABITAT

A tropical plant. In Nepal it grows between 700-1900 m altitude. It grows in shady places. In West Africa it grows in savannah areas. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 600 Polygala species.

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