PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Jasminum angustifolium (L.) Willd.

GENUS *Jasminum* **FAMILY** Oleaceae

COMMON NAMES Narrow-leaved jasmine

DESCRIPTION

A small climbing shrub. The stems are smooth and the branches have small hairs. The leaves are simple and opposite. The leaves vary. They are 1-3 cm long by 1-2 cm wide. They are narrowly oval. The flowers are star shaped, white and 3 cm across. They can occur singly or in threes.

HABITAT

It is a tropical and subtropical plant.

NOTES

It is used in medicine.

REFERENCES

Rajkalkshmi, P. et al, 2001, Total carotenoid and beta-carotene contents of forest green leafy vegetables consumed by tribals of south India. Plant Foods for Human Nutrition 56:225-238 (As Jasmine augustifolium)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1f7fdf99-6962-41c8-a4f2-70b8812b9568