PLANT FACT SHEET

Scolymus maculatus L.

GENUS *Scolymus* **FAMILY** Asteraceae

COMMON NAMES Spotted thistle, Spotted golden thistle

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Vegetable, Stems

The thick root can be prepared the same way as salsify. They are boiled and eaten.
The young leaves can be cooked and eaten. They are also used in salads. They can be added to casseroles and omelettes.
The young stems can be eaten raw. The spines are removed!

DESCRIPTION

A hairy annual herb plant. It grows 1.5-2 m high. The leaves and wings of the stem have a thick white margin and veins. The flower heads are golden yellow. They are thistle like. They are 20-30 mm across. The corolla of the flower is brown and hairy in the lower half.

HABITAT

It grows in warm temperate and Mediterranean climates. It can grow in the desert.

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