PLANT FACT SHEET

Rumex woodii N. E. Br.

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Paper hearts

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw and cooked.

DESCRIPTION

A shrub. It has a tuberous root. The stem is stout and erect. It grows 1 m high. The stem is 1 cm across. There are only a few leaves. The leaf blades are 15 cm long by 4 cm wide. They taper to both ends. The flowering shoots are at the top of the plant.

HABITAT

It is a subtropical plant.

NOTES

There are about 200 Rumex species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1fd8ce7a-2623-4c34-be6c-6b44b15b63f1