PLANT FACT SHEET

Psilotrichum axilliflorum Suess.

GENUS *Psilotrichum* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb or small shrub. The stems and branches are slender with white hairs. They can lie over and form roots at the nodes. They can be 15-50 cm long. The leaves are narrowly oval and 4-9 cm long by 2-4 cm wide. They taper to a sharp tip. The flowers are in spikes with a few flowers in the axils of the leaves near the base of the stem. These are 2-7 cm long by 1-1.5 cm wide.

HABITAT

It is a tropical plant.

REFERENCES

Ojelel, S., et al, 2019, Wild edible plants used by communities in and around selected forest reserves of Teso-Karamoja region, Uganda. Journal of Ethnobiology and Ethnomedicine (2019) 15:3

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/20464fdf-ccbf-4bae-b562-8b943cdde98a