PLANT FACT SHEET

Rosa canina L.

GENUS *Rosa* **FAMILY** Rosaceae

COMMON NAMES Dog rose, Brier rose

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers, Herb, Leaves - tea

The young shoots are used in soups and sauces.
The fruit are used in jams, syrup, soup, jellies, wine and tea. They are also eaten raw.
The flowers are used as a snack or in salads. They can be candied, preserved, crystallised or added to vinegar, honey, brandy etc. They are also used for herbal tea.
The leaves are used as a tea substitute.

DESCRIPTION

A prickly creeping shrub. It develops suckers. It grows 3 m high and spreads 3 m wide. The stems are prickly. The leaves are opposite and have leaflets along the stalk. The leaves have 5-7 leaflets. The flowers have a scent. The flowers are pale pink and occur singly. The fruit are orange-red hips.

HABITAT

It is a temperate plant. It does best in dry loamy soils and an open sunny position. It suits hardiness zones 3-10. Tasmania Herbarium. Arboretum Tasmania.

PRODUCTION

Cultivation

Plants can be grown from seed or by cuttings or grafting.

NOTES

There are about 150 Rosa species and many cultivated varieties. It can be invasive.
The fruit have high antioxidant capacity.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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