PLANT FACT SHEET

Oreopanax capitatus (Jacq.) Decne & Planch.

GENUS *Oreopanax* **FAMILY** Araliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A tree. It grows 15 m tall. The leaves are simple and narrowly oval. They are 10-35 cm long and 4-25 cm wide. There are 5-12 flowers in a head.

HABITAT

It is a tropical plant.

REFERENCES

Luna, A. G., et al, 2025, Food beyond the farm: significance of noncrop plants and mushrooms for food security of highland farming communities in Veracruz, Mexico. Chapter 14 in Agroecology of Edible Weeds and Noncrop Plants.

Piedra-Malagón, E. M. et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 11

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/20539f3d-6351-4002-a2b3-fe91da6d044e