PLANT FACT SHEET

Suaeda suffrutescens S. Watson

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Desert seepweed, Seablight

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled and eaten in salads.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

Previously in the Chenopodiaceae.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994) (As Dondia suffrutescens)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 840

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2074a80a-21b9-438c-b14d-bcc6f732076a