PLANT FACT SHEET

Rutheopsis herbanica (Bolle) A. Hansen & G. Kunkel

GENUS *Rutheopsis* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten raw or cooked.

DESCRIPTION

A herb. It grows 1.5 m tall.

HABITAT

It is a subtropical plant.

REFERENCES

Morales, J. & Gil, J. M., Gathering in a new Environment: The Use of Wild Food Plants during the Colonisation of the Canary Islands, Spain (2nd-3rd Century BCE to 15th Century CE) p 222

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/207e0aec-0eb8-4bc4-9b1a-ae0f5fa7055b