PLANT FACT SHEET

Cladonia alpestris (L.) Rabenhorst

GENUS *Cladonia* **FAMILY** Cladoniaceae

COMMON NAMES Tai-bai peak flower, Bird cladonia

EDIBLE PARTS AND USES

Edible parts: Lichen

The aerial part of the plant is cleaned, dried, crushed and mixed with flour to make bread.

DESCRIPTION

A pale grey lichen. It forms a compact clump 4-7 cm high. It is 2-3 cm across.

HABITAT

It grows in northeastern China and Mongolia. It grows in conifer forest among grasses and sedges.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 263

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2090269b-ec61-4d63-9ef6-8295a22dcb73