PLANT FACT SHEET

Scrophularia peregrina L.

GENUS *Scrophularia* **FAMILY** Scrophulariaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Shoots

The young leaves are boiled in mixtures.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Biscotti, N. & Pieroni, A., 2015, The hidden Mediterranean diet: wild vegetables traditionally gathered and consumed in the Gargano area, Apulia, SE Italy. Acta Societatis Botanicorum Poloniae 84 (3): 327-338

Biscotti, N. et al, 2018, The traditional food use of wild vegetables in Apulia (Italy) in the light of Italian ethnobotanical literature. Italian Botanist 5:1-24

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/20d7bf8e-c17d-4ba1-aeb3-6369fc9f7831