PLANT FACT SHEET

Platystemon californicus Benth.

GENUS *Platystemon* **FAMILY** Papaveraceae

COMMON NAMES Californian poppy, Creamcups

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as greens.

DESCRIPTION

An annual poppy. It can be erect or spreading. It grows 30 cm high and spreads 10 cm wide. The leaves are arranged in rings. They are narrow and oblong and 8 cm long. The flowers are open and have 6 petals. The stamen are prominent. The flowers can be cream or yellow. The flowers occur singly on short, hairy stems.

HABITAT

It grows on the fringes of the desert. It grows in open grassy areas. It needs a sunny position. It needs a well-drained soil. It can grow in arid places. It suits hardiness zones 8-10.

PRODUCTION

Cultivation

It can be grown from seed. Seed should be spaced to 10 cm apart.

NOTES

There is possibly only one very variable Platystemon species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/20e36bcd-a1cc-4dc7-b4b5-ed8d44617426