PLANT FACT SHEET

Coniogramme fraxinea (D. Don) Fee ex Diels

GENUS *Coniogramme* **FAMILY** Pteridaceae

EDIBLE PARTS AND USES

Edible parts: Fronds

The young fronds are boiled.

DESCRIPTION

A fern.

HABITAT

It is a tropical plant.

REFERENCES

Etoh, T. & Sundaresan, 1985, Food Plants in Fiji and Their Utilization. Kagoshima Univ. Res. Center S. Pac, Occasional Papers, No. 5. p. 145-164.

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2144b217-272a-4e09-b8db-5d8ada4fa8c5