PLANT FACT SHEET

Dennstaedtia werckleana (Christ) Navarr. & B. Ollg.

GENUS *Dennstaedtia* **FAMILY** Dennstaedtiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

DESCRIPTION

A fern. The leaves are twice divided into leaflets.

HABITAT

It is a tropical plant. It has been recorded at 900 m above sea level in Costa Rica.

REFERENCES

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 126

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2145d55d-453a-4379-97fb-dbe97957ee36