PLANT FACT SHEET

Silene secundiflora Otth.

GENUS *Silene* **FAMILY** Caryophyllaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves and young stems are used in stews.

DESCRIPTION

A herb. It grows each year from seed. It grows 30 cm tall.

HABITAT

It is a Mediterranean climate plant. It grows on rocky coastal areas. It can grow up to 1,400 m above sea level.

REFERENCES

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2149bcc2-ef54-46ee-927f-01a9175f32bf