PLANT FACT SHEET

Diplazium sandwichianum Diels

GENUS *Diplazium* **FAMILY** Athyriaceae

COMMON NAMES Hoio

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

DESCRIPTION

A fern. The fronds can be 1.6 m long.

HABITAT

It is a tropical plant. In Hawaii it grows in moist forests above 700 m above sea level. It needs a shady location.

REFERENCES

Edible ferns in Hawaii. (As Athyrium sandwichianum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2154fd46-2bfb-4f02-b43c-942d35853160