PLANT FACT SHEET

Aristolochia delavayi Franch.

GENUS *Aristolochia* **FAMILY** Aristolochiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The whole plant is cooked and eaten in stir fried dishes.

DESCRIPTION

A twining herb. It has a smell. The leaves are almost without leaf stalks. The leaves are oval and 2-8 cm long by 2-5 cm wide. They are papery. The base is heart shaped. There are 2-3 pairs of veins spreading out from the base. The flowers are in the axils of leafy shoots. They occur singly.

HABITAT

It grows in Yunnan in China. It grows on limestone mountain slopes between 1,600-1,900 m above sea level.

PRODUCTION

Harvesting and Seed Production

In Yunnan in China the plant is harvested in August and September.

REFERENCES

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/21691f7f-04d2-47e8-bb15-ddacd7e15d9b