PLANT FACT SHEET

Clinopodium chinense (Benth.) Kuntze

GENUS *Clinopodium* **FAMILY** Lamiaceae

COMMON NAMES Wild Basil, Chinese Savory

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The leaves are eaten with oil and salt.

DESCRIPTION

A herb. It grows to about 30 cm to 1 m high. The base is trailing. There are fine lines along it. It is densely hairy. These straight white hairs give it a silvery appearance. The leaf stalk is 3-8 mm long. The leaf blade is oval and 2-4 cm long by 1.3-2.6 cm wide. They are papery. The base is rounded or wedge shaped. The edges have teeth. There are many flowers in a half round head about 3 cm across. They are purple-red.

HABITAT

It is a temperate plant. In China is grows on hillsides and in grassy areas near streams. It grows from sea level to 1000 m altitude. It suits plant hardiness zone 7. In Yunnan.

NOTES

There are about 20 Clinopodium species.

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READ, (As Calamintha chinensis)

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