PLANT FACT SHEET

Thinopyrum intermedium subsp. intermedium (Host)

Barkworth & D.R.Dewey

GENUS *Thinopyrum* **FAMILY** Poaceae

COMMON NAMES Wild triga, Pubescent wheatgrass

EDIBLE PARTS AND USES

Edible parts: Seeds, Grain, Cereal

The seeds are eaten as a cereal or ground into flour for baking. They are used in cakes, pancakes and breads.

DESCRIPTION

A grass.

HABITAT

It will grow in areas with 200 to 380 mm or rain each year.

NOTES

There are 150 Agropyron species.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 181

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 1882

Sitpayeva, G. T., et al, 2020, Crop wild relatives of Kazakhstani Tien Shan: Flora, vegetation, resources. Plant Diversity 42 (2020) 19-32 (As Elymus hispidus)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/21aaf6e7-79c1-4ab9-8290-37459cd7fa5a